

2 TRAIL CURTO

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	EQUIPO	CLUB	META	
1	1	245	LORENZO GARCÍA , YERAY	MALE	ATA 35			01:16:10	05:05 min/Km
2	2	300	CORZÓN , HUGO	MALE	ATA 35		CLUB ATLETISMO NEGREIRA	01:16:27	05:06 min/Km
3	1	318	GEY MARTÍNEZ , MONCHO	MALE	DE 41 A 45		CLUB ATLETISMO LOUSAME	01:16:40	05:07 min/Km
4	2	253	OVIDEO BOUZAQ , FRAN	MALE	DE 41 A 45		CLUB ATLETISMO NOIA	01:17:37	05:11 min/Km
5	1	268	TARELA MIRAMONTES , DANIEL	MALE	DE 46 A 50			01:21:27	05:26 min/Km
6	1	363	ROJO AMIGO , DIEGO	MALE	DE 36 A 40			01:21:27	05:26 min/Km
7	3	215	CARBALLO MORÁN , RUBEN	MALE	DE 41 A 45	Club Atletismo Tambre	CLUB ATLETISMO TAMBRE	01:22:37	05:31 min/Km
8	2	321	GONZÁLEZ , ALBERTO	MALE	DE 36 A 40		ENTRENARUNNING	01:24:24	05:38 min/Km
9	4	276	VÁZQUEZ REIRIZ , LUIS	MALE	DE 41 A 45	TRIBU TRAIL	TRIBU TRAIL	01:25:50	05:44 min/Km
10	5	362	RODRIGUEZ POUSO , LITO	MALE	DE 41 A 45			01:27:05	05:49 min/Km
11	3	341	MOURE SANLES , BASILIO	MALE	DE 36 A 40			01:29:56	05:60 min/Km
12	2	257	QUEIRUGA TORRES , ALBERTO	MALE	DE 46 A 50		INCOR AUTOVIDRIO	01:31:14	06:05 min/Km
13	3	336	MARTINEZ DOPAZO , JOSE	MALE	DE 46 A 50		TRAILEROS TOXOS & BIRRAS	01:31:19	06:06 min/Km
14	1	209	BOO FARIÑA , SALVADOR	MALE	DE 56 A 60	TRIBU TRAIL	TRIBU TRAIL	01:32:44	06:11 min/Km
15	1	345	NIETO GONZALEZ , JOSE MANUEL	MALE	DE 51 A 55		CLUB ATLETISMO SAR	01:32:46	06:12 min/Km
16	4	230	FIGUEIRAS NÚÑEZ , EDUARDO	MALE	DE 46 A 50		ESCOLA TRIATLÓN OUTES	01:34:44	06:19 min/Km
17	5	283	AYASO ROMERO , JOSE LUIS	MALE	DE 46 A 50			01:36:14	06:25 min/Km
18	2	298	CASTRO HERMIDA , JUAN JOSE	MALE	DE 51 A 55			01:36:14	06:25 min/Km
19	6	330	LEMA FERNÁNDEZ , CARLOS	MALE	DE 46 A 50		CLUB ATLETISMO NEGREIRA	01:36:42	06:27 min/Km
20	7	214	CAMEAN CAMEAN , ROBERTO	MALE	DE 46 A 50		INCOR AUTOVIDRIO	01:36:51	06:28 min/Km
21	1	326	IGLESIAS CANGAS , LUCIA	FEMALE	DE 41 A 45-F	CDM XESTEIRAS	CDM XESTEIRAS	01:37:40	06:31 min/Km
22	6	220	CERNADAS ROMERO , CALIXTO JOSE	MALE	DE 41 A 45			01:37:42	06:31 min/Km
23	7	210	BOUZAS VILAS , EMILIO	MALE	DE 41 A 45			01:38:21	06:34 min/Km
24	4	319	GODLEY , ROBERTO	MALE	DE 36 A 40			01:38:24	06:34 min/Km
25	5	241	GOYANES SOUTO , ADRIÁN	MALE	DE 36 A 40	Club Atletismo Tambre	CLUB ATLETISMO TAMBRE	01:38:53	06:36 min/Km
26	6	317	GESTO SUÁREZ , DANIEL	MALE	DE 36 A 40	BJ RUNNING TEAM	BJ RUNNING TEAM	01:39:43	06:39 min/Km
27	8	261	RIVAS ALENDE , JUANECHO	MALE	DE 41 A 45	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	NOITEBRA	01:39:51	06:40 min/Km
28	7	228	FERRERAS PRESA , VÍCTOR	MALE	DE 36 A 40			01:39:54	06:40 min/Km
29	3	285	BARREIRO , ABEL	MALE	DE 51 A 55		CHORIMA	01:40:03	06:41 min/Km
30	8	314	GARCIA BERMUDEZ , HECTOR	MALE	DE 36 A 40			01:42:22	06:50 min/Km
31	3	302	CUNDINS ORONS , RUBEN	MALE	ATA 35		OS DE NEAÑO	01:42:22	06:50 min/Km
32	8	343	NEO SUAREZ , JESUS	MALE	DE 46 A 50			01:44:12	06:57 min/Km
33	1	303	DE LA FUENTE IGLESIAS , EVA	FEMALE	DE 51 A 55-F	Club deportivo Brion Hyupersa norte	CLUB DEPORTIVO BRION HYUPERSA NORTE	01:45:03	07:01 min/Km
34	1	246	MANEIRO CAAMAÑO , VANESSA	FEMALE	DE 46 A 50-F			01:45:07	07:01 min/Km
35	9	308	FERNÁNDEZ PÉREZ , ALFONSO	MALE	DE 36 A 40	BJ RUNNING TEAM	BJ RUNNING TEAM	01:46:11	07:05 min/Km
36	4	207	BARREIRO CORDEIRO , ANTONIO	MALE	DE 51 A 55			01:47:17	07:10 min/Km
37	2	232	FRANCO , NIA	FEMALE	DE 46 A 50-F			01:47:18	07:10 min/Km
38	9	256	PRESAS VENCE , MANUEL	MALE	DE 41 A 45		ATLETISMO DEZA	01:47:19	07:10 min/Km
39	9	269	TEMBRÁS ALONSO , DAVID	MALE	DE 46 A 50		CLUB TRIEUME AS PONTES	01:47:21	07:10 min/Km
40	2	307	FERNÁNDEZ PASCUAL , ERICA	FEMALE	DE 41 A 45-F	CDM XESTEIRAS	CDM XESTEIRAS	01:47:37	07:11 min/Km
41	10	277	VIAÑO NOYA , MANUEL DAVID	MALE	DE 46 A 50		K2 ORDES	01:49:39	07:19 min/Km
42	1	244	LIÑARES BARREIRO , CARLA CAROLINA	FEMALE	DE 36 A 40-F			01:49:39	07:19 min/Km
43	11	204	BAHAMONDE SUÁREZ , FRANCISCO	MALE	DE 46 A 50	Club Atletismo Tambre	CLUB ATLETISMO TAMBRE	01:49:44	07:19 min/Km
44	4	252	OLVEIRA SAMPEDRO , ALEXANDRE	MALE	ATA 35			01:49:57	07:20 min/Km
45	12	263	RODRÍGUEZ GARCÍA , ANTONIO	MALE	DE 46 A 50	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	01:50:41	07:23 min/Km
46	1	322	GONZÁLEZ LESTÓN , EVA	FEMALE	ATA 35-F		SERRES RUNNERS	01:51:12	07:25 min/Km
47	5	335	MARTÍNEZ CAAMAÑO , ADRIÁN	MALE	ATA 35		SERRES RUNNERS	01:51:29	07:26 min/Km

48	5	227	FERNANDEZ OLIVEIRA , JUAN CARLOS	MALE	DE 51 A 55			01:51:54	07:28 min/Km
49	6	270	TRIGO BAO , MANUEL	MALE	DE 51 A 55		CDM VÉRTICE	01:51:55	07:28 min/Km
50	3	334	MARTINEZ ARIAS , NATALIA	FEMALE	DE 41 A 45-F		+DMONTE	01:52:22	07:30 min/Km
51	1	221	COLLAZO MOSQUERA , RAMÓN	MALE	DE 61 A 65			01:52:40	07:31 min/Km
52	2	202	ABAL MORRAZO , EMILIO	MALE	DE 61 A 65			01:53:12	07:33 min/Km
53	6	235	GARCIA CALO , ALVARO	MALE	ATA 35			01:53:40	07:35 min/Km
54	13	323	GONZALEZ MARIÑO , ADOLFO	MALE	DE 46 A 50		PEÑA TREVINCA	01:53:46	07:36 min/Km
55	10	213	CAAMAÑO SIEIRA , JOSE	MALE	DE 36 A 40		O JERREIRO	01:54:14	07:37 min/Km
56	4	201	ABAL CAMAÑO , RAQUEL	FEMALE	DE 41 A 45-F	Club Atletismo Tambre	CLUB ATLETISMO TAMBRE	01:54:35	07:39 min/Km
57	10	203	ARMENDARIZ EXPÓSITO , CELSO	MALE	DE 41 A 45	RANNASS		01:55:20	07:42 min/Km
58	7	309	FERNÁNDEZ RIAL , SAKY	MALE	DE 51 A 55		SERRES RUNNERS	01:55:24	07:42 min/Km
59	7	293	CANTELAR CES , PEDRO	MALE	ATA 35			01:55:32	07:43 min/Km
60	8	354	PÉREZ CANTELAR , MARCOS	MALE	ATA 35			01:55:32	07:43 min/Km
61	9	340	MIRÁS GÓMEZ , RUBÉN	MALE	ATA 35			01:55:32	07:43 min/Km
62	2	364	ROUCO PRIETO , ALBA	FEMALE	ATA 35-F			01:57:00	07:48 min/Km
63	10	359	PUENTES COCIÑA , BELTRÁN	MALE	ATA 35			01:57:01	07:49 min/Km
64	11	327	IGLESIAS REY , RAMÓN	MALE	DE 41 A 45			01:57:07	07:49 min/Km
65	12	237	GARCÍA MATA , ADRIÁN	MALE	DE 41 A 45		RANNASS	01:57:10	07:49 min/Km
66	13	219	CASTRO SOUTO , ALFONSO JAVIER	MALE	DE 41 A 45	RANNASS	CHUVONERS	01:57:10	07:49 min/Km
67	14	346	NÚÑEZ QUEIRUGA , ZALO	MALE	DE 46 A 50		MONTEMUIÑO	01:57:48	07:52 min/Km
68	2	329	JUNCAL COSTA , ANTON	MALE	DE 56 A 60		CLUB ATLETISMO TAMBRE	01:57:57	07:52 min/Km
69	3	259	RIAL OTERO , JOSE LUIS	MALE	DE 56 A 60		TARTARUGAS	01:58:04	07:53 min/Km
70	15	338	MAYO FIGUEIRA , JOSÉ MANUEL	MALE	DE 46 A 50			01:59:14	07:57 min/Km
71	5	266	SANTOS LAMPON , M GUADALUPE	FEMALE	DE 41 A 45-F	TRIBU TRAIL	TRIBU TRAIL	01:59:30	07:58 min/Km
72	11	349	PARDO TUÑEZ , NOEL	MALE	ATA 35			02:01:24	08:06 min/Km
73	8	348	PARDO PARDO , EUGENIO	MALE	DE 51 A 55			02:01:30	08:06 min/Km
74	11	342	NEGREIRA POUZO , JOSÉ RAMÓN	MALE	DE 36 A 40			02:01:36	08:07 min/Km
75	12	328	INSUA FERNÁNDEZ , ANDRÉS	MALE	DE 36 A 40			02:01:36	08:07 min/Km
76	14	205	BARBÉ MARTÍN , MIGUEL ANGEL	MALE	DE 41 A 45		SERRES RUNNERS	02:01:52	08:08 min/Km
77	9	365	TRIÑANES SÁNCHEZ , SANTIAGO	MALE	DE 51 A 55		MONTUNOS RASURADOS	02:01:57	08:08 min/Km
78	4	353	PÉREZ BALIRAC , JESÚS	MALE	DE 56 A 60		NOITEBRA F.C.	02:03:50	08:16 min/Km
79	1	236	GARCÍA GARCÍA , CARMEN	FEMALE	DE 56 A 60-F		TARTARUGAS	02:04:10	08:17 min/Km
80	3	337	MARTÍNEZ PARCERO , MELINA	FEMALE	DE 46 A 50-F		DUBRA TEAM	02:05:28	08:22 min/Km
81	1	206	BARREIRO CERNADAS , RAMÓN	MALE	MAIORES DE 65	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	02:05:28	08:22 min/Km
82	4	254	PÉREZ GARCÍA , FÁTIMA	FEMALE	DE 46 A 50-F			02:05:45	08:23 min/Km
83	1	351	PEÑA VILLAMIDE , PAZ	FEMALE	DE 61 A 65-F		TARTARUGAS	02:06:20	08:26 min/Km
84	15	231	FOLGAR ROMAY , JAVIER	MALE	DE 41 A 45		SACHACAMIÑOS	02:06:35	08:27 min/Km
85	10	331	LESTÓN CAAMAÑO , FABIÁN	MALE	DE 51 A 55		OS SALTARREJOS	02:09:04	08:37 min/Km
86	13	224	DEL RIO GONZALEZ , JORGE	MALE	DE 36 A 40	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	02:09:13	08:37 min/Km
87	3	239	GONZALEZ BARGO , CARLA	FEMALE	ATA 35-F	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	02:09:18	08:38 min/Km
88	4	316	GARRIDO BEADE , NOELIA	FEMALE	ATA 35-F		CLUB DEPORTIVO BRION HYUPERSA	02:09:18	08:38 min/Km
89	16	312	FIGUEIRAS LOUREIRO , ANGEL	MALE	DE 46 A 50			02:09:22	08:38 min/Km
90	12	271	TRILLO CAAMAÑO , RUBEN	MALE	ATA 35			02:09:39	08:39 min/Km
91	16	333	MALVAR LEITE , MANUEL	MALE	DE 41 A 45		CHUVONERS	02:11:57	08:48 min/Km
92	17	290	BUGALLO DEL PUERTO , XAQUIN	MALE	DE 46 A 50			02:16:26	09:06 min/Km
93	2	320	GOMEZ LODEIORS , SUSANA	FEMALE	DE 51 A 55-F		TARTARUGAS	02:17:29	09:10 min/Km
94	18	295	CARREÑO OTERO , ISMAEL	MALE	DE 46 A 50			02:17:33	09:11 min/Km
95	5	288	BLANCO CES , ANA MARIA	FEMALE	DE 46 A 50-F			02:17:33	09:11 min/Km
96	11	366	TRIÑANES SÁNCHEZ , ALBERTO	MALE	DE 51 A 55		MONTUNOS RASURADOS	02:18:15	09:13 min/Km
97	19	305	FANDIÑO ROMERO , BORJA	MALE	DE 46 A 50		MONTUNOS RASURADOS	02:18:16	09:14 min/Km
98	6	315	GARCÍA LÓPEZ , MILVIA	FEMALE	DE 41 A 45-F		+ D MONTE	02:19:09	09:17 min/Km

99	3	339	MIGUEZ SAMPEDRO , SUSANA	FEMALE	DE 51 A 55-F			02:20:18	09:22 min/Km
100	12	289	BOO BOO , JUAN	MALE	DE 51 A 55		MONTUNOS RASURADOS	02:20:33	09:23 min/Km
101	5	350	PAZ SILVA , ADÁN	MALE	DE 56 A 60			02:23:28	09:34 min/Km
102	4	355	PEREZ GONZALEZ , BEATRIZ	FEMALE	DE 51 A 55-F			02:23:33	09:35 min/Km
103	13	278	VILA FERNANDEZ , FERNANDO	MALE	ATA 35	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	02:26:03	09:45 min/Km
104	2	226	ESPIÑA GARRIDO , MARÍA	FEMALE	DE 36 A 40-F		CDM XESTEIRAS	02:26:16	09:46 min/Km
105	13	249	MONTES TEJIDO , ROBERTO	MALE	DE 51 A 55	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	02:27:36	09:51 min/Km
106	2	367	VEIGA BLANCO , MONTSERRAT	FEMALE	DE 56 A 60-F	TRIBU TRAIL	TRIBU TRAIL	02:29:10	09:57 min/Km
107	2	260	RÍOS GIMÉNEZ , ADOLFO OMAR	MALE	MAIORES DE 65		CLUBE ATLETISMO BOIMORTO	02:30:20	10:02 min/Km
108	7	344	NIETO GARCÍA , OLAIA	FEMALE	DE 41 A 45-F			02:31:47	10:08 min/Km
109	20	287	BERGUEIRO ALVAREZ , JULIÁN	MALE	DE 46 A 50			02:31:47	10:08 min/Km
110	6	306	FERNÁNDEZ DE CÓRDOBA ALONSO , INES	FEMALE	DE 46 A 50-F			02:34:35	10:19 min/Km
111	3	275	VAZQUEZ GONZALEZ , MARTA	FEMALE	DE 36 A 40-F			02:37:47	10:32 min/Km
112	17	299	CONDE LORENZO , DANIEL	MALE	DE 41 A 45			02:43:22	10:54 min/Km
113	21	282	ASTRAY LÓPEZ , PABLO	MALE	DE 46 A 50			02:43:23	10:54 min/Km
114	5	291	BUJÁN OTERO , SUSANA	FEMALE	DE 51 A 55-F	NOITEBRA F.C.	NOITEBRA F.C.	02:43:36	10:55 min/Km
115	7	284	BADA MOREIRA , SILVIA	FEMALE	DE 46 A 50-F		ENTRENARUNNING	02:46:40	11:07 min/Km
116	8	294	CAROLI TREZZA , BÁRBARA FIORINA	FEMALE	DE 41 A 45-F		SERRES RUNNERS	02:56:10	11:45 min/Km
117	14	361	RODRÍGUEZ GONZÁLEZ , PABLO	MALE	DE 36 A 40		CLUBE DE ATLETISMO DE OUTES	02:56:10	11:45 min/Km
ABD		2	ALVITE LOURO , FABIAN	MALE	ATA 35			02:38:45	10:35 min/Km
ABD		352	PEREIRAS COUTO , ALVARO	MALE	DE 51 A 55				
DNS		208	BLANCO GOMEZ , SAUL	MALE	ATA 35		CLUB ATLETISMO OUTES "MARISCOS ANTÓN"		
DNS		211	BUJÁN GONZÁLEZ , JOSÉ	MALE	DE 51 A 55	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"	CLUB ATLETISMO OUTES "MARISCOS ANTÓN"		
DNS		212	CAAMAÑO , HERMINIO	MALE	DE 61 A 65		CLUB ATLETISMO OUTES "MARISCOS ANTÓN"		
DNS		216	CARBALLO PARADELO , SUSANA	FEMALE	DE 41 A 45-F	RANNASS			
DNS		217	CASA , JONATHAN	MALE	DE 41 A 45				
DNS		222	COLLAZO OTERO , FRANCISCO	MALE	ATA 35				
DNS		225	DOVAL SÁNCHEZ , RAÚL	MALE	DE 41 A 45		K2 ORDES		
DNS		229	FIGUEIRAS FORMOSO , ALEJANDRO	MALE	ATA 35		SERRES RUNNERS		
DNS		233	FRANCO MARTÍNEZ , ALEJANDRO	MALE	DE 61 A 65				
DNS		234	FREIJEIRO OTERO , JOSE RAMON	MALE	DE 51 A 55				
DNS		238	GARCÍA PENA , CHUS	FEMALE	DE 41 A 45-F	Club Atletismo Tambre	CLUB ATLETISMO TAMBRE		
DNS		243	LESTAYO GARCIA , ALAIN	MALE	DE 36 A 40				
DNS		247	MATALOBOS , DANIEL	MALE	DE 41 A 45				
DNS		248	MOLEDO MARTINEZ , SARA	FEMALE	ATA 35-F				
DNS		250	MUIÑOS REYES , ENRIQUE	MALE	DE 46 A 50		SERRES RUNNERS		
DNS		255	POSE ALMALLO , MARIA	FEMALE	DE 41 A 45-F		DESGUACES FERREIRO		
DNS		258	REY ARUFE , MATEO	MALE	ATA 35				
DNS		262	RODRÍGUEZ FERNÁNDEZ , RICARDO	MALE	DE 61 A 65		CLUB ATLETISMO OUTES "MARISCOS ANTÓN"		
DNS		265	SANTOS LAMPÓN , JOSÉ RAMÓN	MALE	DE 41 A 45				
DNS		267	SENRA ALVAREZ , ROBERTO	MALE	DE 56 A 60	Club Atletismo Tambre	CLUB ATLETISMO TAMBRE		
DNS		272	TUBÍO HERMO , MARÍA	FEMALE	ATA 35-F	TRIBU TRAIL	TRIBU TRAIL		
DNS		273	VARELA GAGO , JOSE	MALE	DE 51 A 55				
DNS		274	VÁZQUEZ CALO , ADRIÁN	MALE	ATA 35				
DNS		281	ARCA EIROÁ , MARCOS	MALE	DE 41 A 45		SUBINDO RITMO		
DNS		286	BARROS SANTOS , DANIEL	MALE	ATA 35				
DNS		292	CAAMAÑO COIRADAS , PEPE	MALE	DE 41 A 45				
DNS		296	CASTRO BARREIRO , YAGO	MALE	DE 46 A 50	CDM XESTEIRAS	CDM XESTEIRAS		
DNS		297	CASTRO CASTIÑEIRAS , PAULO	MALE	DE 46 A 50		ENTRENARUNNING		
DNS		301	COSTA GONZÁLEZ , MARCOS	MALE	DE 46 A 50				
DNS		304	DOCAMPO SIMON , ALEXANDRE	MALE	ATA 35				

DNS	310	FERNANDEZ SAMPEDRO , JOSE MARIA	MALE	DE 41 A 45		TRIBU TRAIL
DNS	311	FERREIRÓS FERNÁNDEZ , JOSÉ	MALE	DE 56 A 60		TARTARUGAS
DNS	313	FRAMIÑAN LAMAZARES , CAMILO	MALE	DE 36 A 40		GTR GALAICO TRAIL RUN
DNS	324	GONZALEZ MAYAN , JOSE BENITO	MALE	ATA 35		CLUB DE MONTAÑA DE FERROL
DNS	325	GONZÁLEZ NÚÑEZ , JOSÉ LUIS	MALE	DE 41 A 45		
DNS	332	LOPEZ VIDAL , CIBRAN	MALE	ATA 35		
DNS	347	PARDAVILA , JUAN	MALE	DE 51 A 55		CLUB MONTAÑA FERROL
DNS	356	PEREZ SABORIDO , IMANOL	MALE	ATA 35	BJ Running Team	BJ RUNNING TEAM
DNS	357	PIÑEIRO LAVANDEIRA , IAGO	MALE	ATA 35		
DNS	358	PIÑEIRO NIETO , TOMAS	MALE	DE 46 A 50		
DNS	368	VILLAVERDE VARELA , ADRIÁN	MALE	ATA 35		K2ORDES